

## 2024 Summer Cognitive Intensive Program and Summer Extension Program

Onsite (EAS Vancouver) Classes run from July 2<sup>nd</sup> - July 19<sup>th</sup>, 2024, Monday through Friday.

**Daily Schedule:** The bulk of our time together will be in class each day from 9:00am-3:00pm. This schedule allows for cognitive classes, appropriate breaks, time to connect with the whole class for announcements, lunch, activities (junior students) and a little time for mindfulness activities to help us settle into classes each day.

The daily schedule is as follows:

Junior Class (14 & under)	Senior Class (15 & over)
9:00-9:15 Fitness Walk	9:00-9:15 Fitness Walk
9:15-10:00 Cognitive Block 1	9:15-10:00 Cognitive Block 1
10:00-10:45 Activity	10:00-10:45 Cognitive Block 2
10:45-11:00 Break	10:45-11:00 Break
11:00-11:45 Cognitive Block 2	11:00-11:45 Cognitive Block 3
11:45-12:30 Lunch	11:45-12:30 Lunch
12:30-1:15 Cognitive Block 3	12:30-1:15 Cognitive Block 4
1:15-2:00 Activity	1:15-2:00 Cognitive Block 5
2:00-2:15 Break	2:00-2:15 Break
2:15-3:00 Cognitive Block 4	2:15-3:00 Cognitive Block 6

Half-day Summer Extension Programs will be 9:00 – 11:45 for AM and 12:30 – 3:00 for PM.